

# The Country Club at Sandy Lane

## STARTERS

<b>BIRDIE TEMPURA</b> <i>Chicken Tempura, Sriracha Mayonnaise</i> (S)	80
<b>DOUBLE BOGEY TARTARE</b> <i>Locally Sourced Tomato and Avocado Tartare, Dehydrated Grapefruit, Crème Fraîche</i> (GF) (V)	80
<b>ALBATROSS AND MISO</b> <i>Miso Salmon, Edemame, Leek and Potato Velouté</i>	85
<b>KING CRAB AND ASPARAGUS</b> <i>Crackers, Orange Gel, Avocado Purée</i> (GF)	100
<b>YELLOWFIN TUNA TOSTADA</b> <i>Crispy Corn Tortilla, Abi Tuna, Guacamole, Salsa Fresca</i> (S)	80

## SOUPS

<b>CHILLED AVOCADO SOUP</b> (V)	50
<i>Cucumber, Greek Yoghurt, Cilantro</i>	

<b>SOUP OF THE DAY</b>	50
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## SALADS

<b>GREEN MONKEY SALAD</b> (GF) (V)	80
<i>Orange, Fennel, Island Pomegranate, Wild Rocket, Cranberry Dressing</i>	

<b>ACE SALAD</b> (V)	80
<i>Local Field Baby Spinach, Poached Egg, Cherry Tomato, Croutons, Parmesan</i>	

<b>COUNTRY CLUB COBB</b> (GF)	80
<i>Avocado, Mozzarella, Egg, Bacon, Tomato, Cucumber, Romaine Lettuce, Lemon Dressing</i>	

<i>Chicken</i>	90
<i>Shrimp</i>	100

<b>CAESAR SALAD</b> (V)	80
<i>Romaine Hearts, White Anchovies, Egg, Aged Parmesan, Garlic Croutons</i>	
<i>Chicken</i>	90
<i>Shrimp</i>	100

## MAIN COURSES

<b>SHEPHERD'S PIE</b> <i>Braised Lamb, Green Peas, Mashed Potato</i> (GF)	110
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<b>FISH AND CHIPS</b> <i>Banks Beer Battered Cod, Fries, Tartar Sauce, Malt Vinegar, Crushed Minted Peas</i>	115
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<b>THAI SHRIMP CURRY</b> <i>Jasmine Rice, Prawn Crackers, Asian Salad</i> (GF) (S)	135
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<b>PENNE ARRABIATA</b> <i>Cherry Tomato, Chilli Flakes, Parmesan</i> (V) (S)	85
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<b>TERIYAKI CHICKEN BOWL</b> <i>Jasmine Rice, Asian Greens, Sesame Seeds</i>	125
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<b>BAKED LOCAL CATCH SNAPPER</b> <i>Mashed Potato, Wilted Greens, Melted Lemon Parmesan Sauce</i> (GF)	125
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<b>CRISPY DUCK</b> <i>Parsnip Purée, Braised Cabbage and Bacon, Blueberry Port Sauce</i> (GF)	130
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<b>8OZ CHOICE TENDERLOIN</b> <i>Asparagus, Mashed Potato, Peppercorn Sauce</i> (GF)	215
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## SIDE DISHES

Mashed Potato	30
Steamed Vegetables	
Minted English Peas	
French Fries	
Sautéed Spinach	

## SANDWICHES

All Sandwiches are served with French Fries or Organic Mesclun Salad

<b>CHICKEN CHUNK SANDWICH</b>	90
<i>Crispy Fried Chicken, Tomato, Wild Arugula, Spicy Mayo, Charcoal Bun</i>	

<b>CLASSIC TURKEY CLUB</b>	80
<i>Turkey, Grilled Bacon, Egg, Lettuce, Tomato, Mayonnaise, Toasted White or Brown Bread</i>	

<b>SANDY LANE BEEF BURGER</b>	90
<i>8oz Grilled Black Angus Beef Burger Patty, Lettuce, Tomato, Cucumber Pickle, Cheddar Cheese</i>	

<b>ALL PLANT BASED "BEYOND" BURGER</b> (V)	90
<i>8oz Grilled Burger Patty, Lettuce, Tomato, Onion, Cucumber Pickle, Cheddar Cheese</i>	

<b>TANDOORI SEASONAL VEGETABLE WRAP</b> (V)	70
<i>Roasted Tandoori Vegetables, Avocado, Raita Dip</i>	

<b>LOCAL CATCH MAHI MAHI TACO</b>	110
<i>Guacamole, Sour Cream, Jalapeño Peppers, Pickled Vegetables</i>	

(V) Vegetarian (V) Vegan (GF) Gluten Free (S) Spicy

Prices are in Barbados Dollars, inclusive of VAT & Product Development Levy Tax at the prevailing rate, and subject to 10% service charge



SCAN ME