

The Country Club at Sandy Lane

Hot Breakfast

Buttermilk Pancakes or Belgian Waffles ^(V) <i>With Fresh Berries, Maple Syrup</i>	40
Two Eggs Any Style ^(V) ^(GF) <i>Scrambled, Poached, Boiled or Fried, with Sautéed New Potatoes, Grilled Tomatoes</i>	45
Ham & Cheese Omelette ^(GF) <i>Sautéed New Potatoes, Grilled Tomatoes</i>	45

Healthy Breakfast

Parfait ^(V) ^(N) <i>Vanilla Yoghurt, Fresh Berries, Granola</i>	40
Fruit Cup ^(V) ^(GF) <i>Watermelon, Cantaloupe, Pineapple, Strawberries, Grapes, Blueberries</i>	40
Chia Seed Pudding ^(V) ^(GF) ^(N) <i>Almond Milk, Agave, Berries</i>	40
Greek Yoghurt ^(V) ^(GF) <i>Plain or with Berries & Agave or Honey</i>	40
Porridge ^(V) <i>Raisins, Craisins, Mixed Nuts, Sugar or Agave</i>	40
Bircher Muesli ^(V) <i>Oatmeal, Granny Smith Apple, Yoghurt, Sultanas</i>	40

Sandwiches

Breakfast Burrito ^(V) <i>Scrambled Egg, Lettuce, Tomato, Cheddar, Avocado in a White Wrap</i>	45
Toasted Smoked Salmon Bagel <i>Smoked Salmon, Horseradish Cream Cheese, Red Onion, Capers</i>	45
Egg & Bacon Sandwich <i>Fried Egg, Bacon Strips, Lettuce, Tomato, Avocado in a White Bun</i>	45
Ham & Cheese Sandwich <i>Hickory Smoked Ham, Cheddar Cheese, Lettuce, Tomato, Choice of White or Brown Bread</i>	45

Bakery ^(V) ^(N)

Your Choice Of Any Two Homemade Breakfast Pastries <i>Croissant, Chocolate Muffin, Bran Muffin, Pain au Chocolat, Cinnamon Roll, Danish of the Day</i>	30
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Juices & Smoothies

<i>Watermelon Juice, Green Juice, Berry Smoothie, Fruit Smoothie</i>	30
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^(V) Vegetarian ^(GF) Gluten Free ^(N) Contains Nuts

All prices are listed in Barbados Dollars, inclusive of 10% Value Added Tax & 2.5% Product Development Levy Tax and are subject to 10% service charge.